

## CLAIMS

I claim:

1. A teeter-totter, comprising:  
an elongated plank; and  
5 a base coupled to the plank, the base having a first leg and a second leg rotatably coupled to a bracket, the first leg and the second leg rotatable from a first position to a second position, the height of the plank from a ground surface being less when the first leg and the second leg are in the first position than when the first leg and the second leg are in the second position.  
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2. The teeter-totter of claim 1, wherein the bracket is an “L” bracket.
3. The teeter-totter of claim 1, further comprising a first stopper to restrict travel of the first leg and a second stopper to restrict travel of the second leg.  
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4. The teeter-totter of claim 3, wherein the first stopper and the second stopper are welded to a lower portion of an “L” bracket.
5. The teeter-totter of claim 2, wherein the first leg and the second leg are rotatably  
20 coupled to a lower portion of the “L” bracket.

6. The teeter-totter of claim 2, wherein the first leg and the second leg are hingeably coupled to an upper portion of the “L” bracket.
7. The teeter-totter of claim 1, wherein the first leg and the second leg comprise  
5 hollow aluminum bar stock.
8. A canine training base, comprising:  
a bracket having a first portion for contacting a plank and a second portion having  
an edge spaced from the first portion;  
10 a first leg having a distal end and a proximal end, the first leg being rotatably  
coupled to the bracket about a first pivot point located in proximity to the proximal end of  
the first leg; and  
a second leg having a distal end and a proximal end, the second leg being  
rotatably coupled to the bracket about a second pivot point located in proximity to the  
15 proximal end of the second leg, the first leg and the second leg rotatable between a first  
position in which the edge of the bracket contacts a ground surface and a second position  
in which the distal ends of the first leg and the second leg contact the ground surface.
9. The canine training base of claim 8, wherein the first portion of the bracket and  
20 the second portion of the bracket form an “L” bracket.

10. The canine training base of claim 8, further comprising a first stopper to restrict travel of the first leg and a second stopper to restrict travel of the second leg.
11. The canine training base of claim 10, wherein the first stopper and the second  
5 stopper are welded to the second portion of the bracket.
12. The canine training base of claim 8, wherein the first leg and the second leg are rotatably coupled to the second portion of the bracket.
- 10 13. The canine training base of claim 8, wherein the first leg and the second leg are hingeably coupled to the first portion of the bracket.
14. The canine training base of claim 8, wherein the first leg and the second leg comprise hollow aluminum bar stock.
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15. A method of training a dog to walk across a teeter-totter, comprising the steps of:  
placing a base secured to a bottom surface of an elongated plank in contact with a  
ground surface, the base allowing the elongated plank to rotate about the base;  
allowing the dog to walk along the length of the plank with a center of the plank  
20 at a first height;

rotating a first leg coupled to the base until the first leg contacts a first stopper and  
rotating a second leg coupled to the base until the second leg contacts a second stopper;  
and

allowing the dog to walk along the length of the plank with the center of the plank  
5 at a second and greater height.